

Kitchen Table Sustainability

Practical Recipes for Community Engagement with Sustainability

Wendy Sarkissian

with Nancy Hofer, Yollana Shore, Steph Vajda, Cathy Wilkinson

classification >

Social Welfare / Social Science / Planning / Sustainability



Tools for Community Planning series

How anyone, anywhere can take charge of pursuing sustainability within their community.

Real positive change in the quest for a sustainable world begins at the local level, on the ground. Yet the prospect of participating in building sustainable communities can be daunting. *Kitchen Table Sustainability*

offers a unique view on sustainability through the lens of community engagement. It takes sustainability and community development out of the ivory towers of universities, government departments and planners to the kitchen tables of the world.

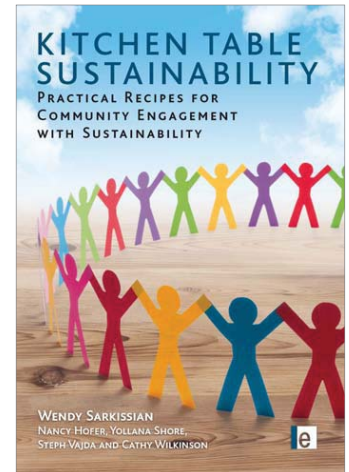
This practical guide distils decades of wisdom from community planning engagement and sustainability practice from around the world into a user-friendly and engaging book that is both inspirational and packed with hands-on tools. The core of the book is a bottom-up approach to participatory community engagement and development, referred to as **EATING**, that consists of 6 components: **E**ducation, **A**ction, **T**rust, **I**nclusion, **N**ourishment and **G**overnance. This approach develops communities' ability to participate and gives readers the knowledge, vocabulary, tools and confidence to engage in bringing sustainability to the forefront of community planning and development.

Cases studies and examples in the book are drawn from across the world and at every scale — from local housing projects and community parks to large-scale residential and commercial developments in sensitive habitats to mining developments to river basin and water management plans.

This book is ideal for professionals in planning and community engagement, community groups and activists, local and regional governments, project developers, natural resource and land managers and planners and academics and students in urban and community planning and development at all levels everywhere.

About the Authors

Wendy Sarkissian has taught in schools of planning, landscape architecture and architecture and has co-authored a number of award-winning books and is Principal of Sarkissian Associates Planners in Australia. **Nancy Hofer** is a planning post graduate student at the University of British Columbia, Canada. **Yollana Shore** is a community engagement practitioner, therapist and entrepreneur. **Steph Vajda** is a social planner in Brisbane, Australia. **Cathy Wilkinson**, based in Sweden, provides sustainable planning advice to city governments across the world.



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isbn/9781844076147.htm

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'A book to be savoured ... The process will generate hope and will help communities to face whatever else life will throw at them.' — From the Foreword by Peter Newman, Curtin University, Western Australia

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9781844076147, November 2008, Earthscan, 400pp, 210x148mm, PB, AU\$49.95

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